Relaxed MHD states of a multiple region plasma

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Abstract We calculate the stability of multiple region relaxed plasmas using both a variational approach with constant helicity, and a tearing mode analysis evaluated in a periodic cylindrical configuration. In the variational model, the problem reduces to an eigenvalue problem for the interface displacements. For the tearing mode treatment, analytic expressions for the tearing mode stability parameter Δ' , being the jump in the logarithm in the helical flux across the resonant surface, are found. The stability of these treatments is compared for m = 1 displacements of an illustrative RFP-like configuration, comprising of two distinct plasma regions. We find the marginal stability conclusions of each treatment to be identical. The tearing mode treatment also resolves ideal MHD unstable solutions for which $\Delta' \rightarrow \infty$. In the multiple region relaxed MHD (MRXMHD) variational treatment, these correspond to displacements of only one interface. Wall stabilisation scans further resolve the internal and external ideal kink. Scans with increasing pressure are also performed: these indicate pressure stabilisation in configurations with increasing edge pressure. The results provide confidence in the variational model we have developed to find mathematically rigorous equilibria in 3D geometry.

1. Introduction

Recently, Hole et al [1] proposed a model for a partially relaxed plasma-vacuum system. The purpose of the model, which abandons all but a small number of flux surfaces, is to provide a mathematically rigorous foundation for ideal MHD equilibria in 3D configurations. The model appeals to both chaotic field lines, that flatten the pressure gradient in chaotic regions, and Taylor relaxation, which force the plasma gradient to be zero in Taylor-relaxed regions. The model consists of a stepped pressure profile, where the steps correspond to ideal MHD barriers across which can be supported a pressure or field jump, or a jump in rotational transform. Our overarching objective is the development of an equilibrium solver for 3D plasmas built on a stepped pressure profile model. In the 3D case, we envisage that the barriers can be chosen to be non-resonant KAM surfaces that survive the onset of field line chaos intrinsic to 3D equilibrium. In between the interfaces, the field is Beltrami, such that $\nabla \times \mathbf{B} = \mu \mathbf{B}$. The boundary condition across the interfaces is the continuity of total pressure $p + B^2/2\mu_0$. Such a model, which we term a MRXMHD (multiple relaxation regions MHD) model, raises a number of questions. How should the equilibrium be constrained? How much jump in pressure and/or rotational transform *i* can each interface support? Are the interfaces stable to deformation? Can the class of stability shed information onto other quasi-relaxed phenomena?

In previous work, we have focused on the equilibrium constraints [2], construction of a numerical algorithm for calculation of Beltrami fields between interfaces in 3D configurations [3], and a variational principle for the equilibrium and stability of the multiple interface configuration in cylindrical plasmas [1]. The motivation of this paper is to understand the nature of MRXMHD modes identified from the variational principle.

Recently, Tassi *et al* [4], performed a tearing mode stability treatment on stepped μ force-free equilibria close to Taylor relaxed states. Their motivation was to develop a mechanism for the formation of cyclic Quasi-Single-Helicity (QSH) states observed in Reverse Field Pinches [5]. They consider a cylindrical plasma divided into two different Beltrami regions, and encased in a perfectly conducting shell, and compute the tearing mode stability parameter Δ' at a resonant radius r_s for a helical flux perturbation $\chi_1(r) = mB_{z1}(r) - \kappa rB_{\theta1}(r)$. Tassi *et al* find critical

values of the jump in μ , beyond which the RFP-like plasma is unstable. Based on these, they postulate the QSH state may be viewed as a small, cyclic departure from a Taylor-relaxed state.

In this work, we extend the tearing mode stability treatment of Tassi *et al* [4] to plasmas with finite pressure and a vacuum region, and compare stability conclusions of our variational treatment to that of a tearing mode stability analysis. Our paper is arranged as follows : Sec. 2 summarises the variational model of stepped pressure profile plasmas, presented in Hole *et al* [1], and introduces a tearing mode model. Section 3 treats MRXMHD plasmas in cylindrical geometry, yielding stability parameter expressions for both the variational and tearing mode treatments. In Sec. 4, we compute stability for an example configuration, draw comparisons between the stability conclusions based on variational and tearing mode treatments, and explore marginal stability limits in wave-number space as a function of pressure. Finally, Sec. 5 contains concluding remarks.

2. Multiple-interface plasma-vacuum model

The system comprises *N* Taylor-relaxed plasma regions, each separated by an ideal MHD barrier. The outermost plasma region is enclosed by a vacuum, and encased in a perfectly conducting wall. Figure 1(a) shows the geometry of the system, and introduces the nomenclature used to describe the region and interfaces. The regions \mathcal{R}_i comprise the *N* plasma regions $\mathcal{R}_1 = \mathcal{P}_1, ..., \mathcal{R}_N = \mathcal{P}_N$ and the vacuum region $\mathcal{R}_{N+1} = \mathcal{V}$. Each plasma region \mathcal{P}_i is bounded by the inner and outer ideal MHD interfaces \mathcal{I}_{i-1} , and \mathcal{I}_i respectively, whilst the vacuum is encased by the perfectly conducting wall \mathcal{W} .



Figure 1: Schematic of magnetic geometry (a), showing ideal MHD barriers \mathscr{I}_i , the conducting wall \mathscr{W} , plasma regions \mathscr{P}_i and the vacuum \mathscr{V} . Panel (b) shows the *q* profile used for stability studies in Sec. 4, with $\mu_1 = 2$ (core) and $\mu_2 = 3.6$ (edge).

2.1 A variational approach

In previous work [1] we outlined our variational principle, which lies between that of Kruskal & Kulsrud [6] — minimization of total energy $W \equiv \int [B^2/2 + p/(\gamma - 1)]$ (where *p* is plasma pressure, γ the ratio of specific heats) under the uncountable infinity of constraints provided by applying ideal MHD within each fluid element—and the relaxed MHD of Woltjer [7] and Taylor [8]—minimization of *W* holding only the two global toroidal and poloidal magnetic fluxes, and the single global ideal-MHD helicity invariant $H \equiv \int \mathbf{A} \cdot \mathbf{B}$, constant. In summary, the energy

functional could be written

$$W = \sum_{i=1}^{N} U_i - \sum_{i=1}^{N} \mu_i H_i / 2 - \sum_{i=1}^{N} v_i M_i$$
(1)

where μ_i and v_i are Lagrange multipliers, and

$$U_i = \int_{\mathscr{R}_i} d\tau^3 \left(\frac{P_i}{\gamma - 1} + \frac{B_i^2}{2\mu_0} \right), \tag{2}$$

$$M_i = \int_{\mathscr{R}_i} d\tau^3 P_i^{1/\gamma}, \tag{3}$$

$$H_{i} = \int_{\mathscr{R}_{i}} d\tau^{3} \mathbf{A} \cdot \nabla \times \mathbf{A} + \oint_{C_{p,i}^{<}} \mathbf{d} \mathbf{l} \cdot \mathbf{A} \oint_{C_{t,i}^{<}} \mathbf{d} \mathbf{l} \cdot \mathbf{A} - \oint_{C_{p,i}^{>}} \mathbf{d} \mathbf{l} \cdot \mathbf{A} \oint_{C_{t,i}^{>}} \mathbf{d} \mathbf{l} \cdot \mathbf{A}.$$
(4)

The term U_i is the potential energy, M_i the plasma mass, and H_i the magnetic helicity in each region \mathcal{R}_i . In Eqs. (2) - (4), $d\tau^3$ is a volume element, γ the ratio of specific heats, and P_i, B_i and A_i the equilibrium pressure, magnetic field strength and vector potential respectively. The superscripts $^>$ and $^<$ denote clockwise and anti-clockwise rotation, respectively.

Setting the first variation to zero yields the following set of equations:

$$\mathscr{P}_i; \quad \nabla \times \mathbf{B} = \mu_i \mathbf{B}, \qquad P_i = \text{const.},$$
 (5)

$$\mathscr{I}_i; \quad \mathbf{n} \cdot \mathbf{B} = 0, \qquad [[P_i + 1/2B^2]] = 0, \tag{6}$$

$$\mathscr{V}; \quad \nabla \times \mathbf{B} = 0, \qquad \nabla \cdot \mathbf{B} = 0, \tag{7}$$

$$\mathscr{W}; \quad \mathbf{n} \cdot \mathbf{B} = \mathbf{0}, \tag{8}$$

where **n** is a unit vector normal to the plasma interface \mathscr{I}_i , and $[[x]] = x_{i+1} - x_i$ denotes the change in quantity *x* across the interface \mathscr{I}_i . The boundary conditions, $\mathbf{n} \cdot \mathbf{B} = 0$, arise because each interface and the conducting wall is assumed to have infinite conductivity. In turn, these imply the toroidal flux in each plasma region (and the poloidal flux in the vacuum) is constant during relaxation. Given the vessel with boundary \mathscr{W} , the interfaces \mathscr{I}_i , and the magnetic field **B**, Eqs. (5)-(8) constitute a boundary problem for the plasma pressure P_i in each region \mathscr{R}_i .

Minimizing the second variation subject to the constraint of the positive definite normalization $N = \sum_{i}^{N} \int_{\mathscr{I}_{i}} d^{2}\sigma |\xi_{i}|^{2}$ yields the following set of equations for the variation in the magnetic field **b** = δ **B**:

$$\mathscr{P}_i \quad ; \quad \nabla \times \mathbf{b} = \mu_i \mathbf{b}, \tag{9}$$

$$\mathscr{I}_{i} \quad ; \quad \xi_{i}^{*}[[\mathbf{B} \cdot \mathbf{b}]] + \xi_{i}^{*}\xi_{i}[[B(\mathbf{n} \cdot \nabla)B]] - \lambda\xi_{i}^{*}\xi_{i} = 0, \tag{10}$$

$$\mathbf{n} \cdot \mathbf{b}_{i,i+1} = \mathbf{B}_{i,i+1} \cdot \nabla \xi_i + \xi_i \mathbf{n} \cdot \nabla \times (\mathbf{n} \times \mathbf{B}_{i,i+1}), \tag{11}$$

$$\mathscr{V} \quad ; \quad \nabla \times \mathbf{b} = 0, \qquad \nabla \cdot \mathbf{b} = 0, \tag{12}$$

$$\mathscr{W} \quad ; \quad \mathbf{n} \cdot \mathbf{b} = \mathbf{0}. \tag{13}$$

Here ξ_i is the normal displacement of the interface I_i , and λ the Lagrange multiplier of the stability treatment, such that $\lambda < 0$ indicates a lower energy state is available. Using Eqs. (9)-(13) the perturbed flux through each region can be found. With a suitable Fourier decomposition chosen, Eq. (11) solves for the unknown coefficients of the perturbed field in each region. With substitution, Eq. (10) then becomes a linear eigenvalue equation for λ .

2.2 Tearing mode treatment

A starting point for the treatment of tearing modes is the set of MHD equations:

$$\frac{\partial \rho}{\partial t} + \nabla \cdot \rho \mathbf{v} = 0, \qquad (14)$$

$$\rho \frac{d\mathbf{v}}{dt} = \mathbf{J} \times \mathbf{B} - \nabla p, \qquad (15)$$

$$\frac{d}{dt}\frac{p}{\rho_{gas}^{\gamma}} = 0, \tag{16}$$

$$\mathbf{E} + \mathbf{v} \times \mathbf{B} = \eta \mathbf{J}, \tag{17}$$

$$\nabla \times \mathbf{E} = -\partial \mathbf{B}/\partial t, \qquad (18)$$

$$\nabla \times \mathbf{B} = \mu_0 \mathbf{J}, \tag{19}$$

$$\nabla \cdot \mathbf{B} = 0, \tag{20}$$

being the fluid equation of motion, mass continuity, the adiabatic equation of state, Ohm's law, Faraday's law, Ampere's law, and the magnetic mono-pole condition, respectively.

Following Tassi *et al*, we divide the region resonant to the tearing mode into an inner region, centered around a surface resonant with perturbations of a given helicity, and an outer region,

where the effects of resistivity are negligible. The parameter Δ' , given by $\Delta' = \left[\frac{1}{\chi_1} \frac{d\chi_1}{dr}\right]_{r_s^-}^{r_s^+}$ is based solely on solutions of the knowledge of χ in the outer region. The plasma growth rate, obtained by linearising Faraday's law and substituting for **E** as determined by Ohm's law, is proportional to Δ' , such that $\Delta' = 0$ denotes marginal stability, and $\Delta' > 0$ instability.

To find χ_1 , the field is written $\mathbf{B} = \nabla \chi \times \mathbf{h} + g\mathbf{h}$, χ expanded as a Fourier perturbation, and solutions to the linearised Beltrami equation found. As shown in Sec. 3.2, the ODE for χ_1 integrates to a jump condition in χ'_1/χ_1 at each interface, expressed in terms of equilibrium parameters. The final expression for Δ' is hence a function of the equilibrium parameters in the resonant region, as well as jumps in equilibrium parameters across the interfaces.

3. MRXMHD cylindrical plasmas

Solutions in an azimuthally-symmetric, axially-periodic cylinder (with axial periodicity length $L = 2\pi R$) are available in Hole *et al* [1]. In the cylindrical co-ordinate system (r, θ, z) they are:

$$\mathcal{P}_{1} : \mathbf{B} = \{ 0, \quad k_{1}J_{1}(\mu_{1}r), \quad k_{1}J_{0}(\mu_{1}r) \} \},$$

$$\mathcal{P}_{i} : \mathbf{B} = \{ 0, \quad k_{i}J_{1}(\mu_{i}r) + d_{i}Y_{1}(\mu_{i}r), \quad k_{i}J_{0}(\mu_{i}r) + d_{i}Y_{0}(\mu_{i}r) \} \},$$

$$\mathcal{V} : \mathbf{B} = \{ 0, \quad B_{A}^{V}/r, \quad B_{Z}^{V} \},$$

$$(21)$$

where $k_i, d_i \in \mathfrak{R}$, and J_0, J_1 and Y_0, Y_1 are Bessel functions of the first kind of order 0, 1, and second kind of order 0, 1, respectively. The terms B_{θ}^V and B_z^V are constants. The constant d_1 is zero in the plasma core \mathscr{P}_1 , because the Bessel functions $Y_0(\mu_1 r)$ and $Y_1(\mu_1 r)$ have a simple pole at r = 0. Radius is normalized to the plasma-vacuum boundary, located at r = 1.

The equilibrium is constrained by the 4N + 1 parameters:

$$\{k_1, \dots, k_N, d_2, \dots, d_N, \mu_1, \dots, \mu_N, r_1, \dots r_{N-1}, r_w, B_{\theta}^V, B_z^V\},$$
(22)

where r_i are the radial positions of the N ideal MHD barriers, and r_w is the radial position of the conducting wall. Equivalent representations, and the mapping between these solutions has been discussed in earlier work [1-3].

3.1 Stability from a variational principle

We have assessed stability using a Fourier decomposition in the poloidal and axial directions for the perturbed field $\mathbf{b} = \nabla \times \mathbf{a}$ and the displacements ξ_i of each interface. That is,

$$\mathbf{b} = \widetilde{\mathbf{b}} e^{i(m\theta + \kappa_z)}, \qquad \xi_i = X_i e^{i(m\theta + \kappa_z)}, \tag{23}$$

where m, κ are the Fourier poloidal mode-number and axial wave-number, and $\tilde{\mathbf{b}}$ and X_i are complex Fourier amplitudes. Under these substitutions, and after solving for the field in each region, Eq. (10) reduces to an eigenvalue matrix equation $\eta \cdot \mathbf{X} = \lambda \mathbf{X}$ with column eigenvector $\mathbf{X} = (\xi_1, ..., \xi_N)^T$, eigenvalue λ , and η a $N \times N$ tridiagnonal real matrix.

3.2 Tearing mode stability

In the helical coordinate $u = m\theta + kz$, a divergence-less **B** can be written

$$\mathbf{B}(r,u) = \nabla \chi(r,u) \times \mathbf{h} + g(r,u)\mathbf{h}, \qquad (24)$$

where χ is a the helical flux, and g a helical field. The vector **h** is defined by $\mathbf{h} = f(r)\nabla r \times \nabla u$, where $f(r) = r/(m^2 + k^2r^2)$ is a metric term. As in Tassi *et al* we search for helical perturbations of the form

$$\chi(r,u,t) = \chi_0(r) + \chi_1(r)e^{\gamma t + iu}, \qquad g(r,u,t) = g_0(r) + g_1(r)e^{\gamma t + iu}.$$
(25)

In this representation, resonant surfaces are those for which $\chi'_0(r) = 0$. The equilibrium field satisfies the Beltrami equation, giving rise to $\mu = g'_0(r)/\chi'_0(r)$, such that the rotational transform can be written

$$\mathbf{F} = -\frac{R}{r} \times \frac{r\kappa g_0(r)/\chi_0'(r) + m}{m g_0(r)/\chi_0'(r) - r\kappa}.$$
(26)

By writing the incompressible velocity field in a similar form to Eq. (24), and expanding continuity to first order, it is possible to show perturbations in the flow, pressure and mass density do not affect marginal stability.

In each of the plasma regions, projections of the linearised Beltrami equation along **h** and ∇r yield

$$g_1 = g'_0(r) / \chi'_0(r) \chi_1(r),$$
 (27)

$$\chi_0(r) \left[\chi_1''(r) + \frac{f'(r)}{f(r)} \chi_1'(r) + \left(\mu^2 - \frac{1}{rf(r)} + \frac{g_0(r)}{\chi_0'(r)} \mu' - \beta \mu \right) \chi_1(r) \right] = 0,$$
(28)

where μ' vanishes everywhere except at $r = r_{step}$, where it becomes singular. These are identical to Eqs. (27) and (29) of Tassi *et al*. Equation (28) reduces to a Bessel or modified Bessel equation in the transformed variables $x_i = \sqrt{|\mu_i^2 - \kappa^2|}r$ and $x_V = |\kappa|r$. In the *i*'th region, and either side of the resonant surface, solutions are different combinations of Bessel or modified Bessel functions with undetermined coefficients $\zeta_i, \Lambda_i, \zeta_{i-s}, \Lambda_{i-s}$ and $\zeta_{i+s}, \Lambda_{i+s}$, respectively. As only the ratio $\chi'_1(r)/\chi_1(r)$ appears in Δ' , its value is unaffected by normalizing $\zeta = 1$ in each interval and region. The requirement of boundedness at r = 0, and the presence of perfectly conducting wall implies

$$\chi_1(0) = \chi_0, \qquad \chi_1(r_w) = 0.$$
 (29)

Noting that the perturbed flux must be continuous across each interface, Eq. (28) can then be integrated about each interface to yield

$$\left[\left[\boldsymbol{\chi}_0'(r) \frac{\boldsymbol{\chi}_1'(r)}{\boldsymbol{\chi}_1(r)} \right] \right] = \left[\left[-\boldsymbol{\chi}_0'(r) \frac{g_0(r)}{\boldsymbol{\chi}_0'(r)} \boldsymbol{\mu} \right] \right]$$
(30)

The parametric dependence can also be examined by solving for $\chi_0(r)$ and using Eq. (26) to eliminate $\frac{g_0(r)}{\chi'_0(r)}$. Solving equilibrium for $\chi_0(r)$ gives

$$\chi_0'(r) = B \sqrt{\frac{m^2 + \kappa^2 r^2}{\left(\frac{-mR/r + \kappa R \, \mathbf{F} r/R}{\mathbf{F} m + \kappa R}\right)^2 + 1}} = F(B, r, R, m, \kappa). \tag{31}$$

Finally, eliminating $\chi_0(r)$ and $\frac{g_0(r)}{\chi'_0(r)}$, Eq. (30) can then be rewritten

$$\left[\left[F(B,r,R,m,\kappa)x\frac{\chi_1'(x)}{\chi_1(x)}\right]\right] = \left[\left[G(B,\mu,\nu,r,R,m,\kappa)\right]\right],\tag{32}$$

where

$$G(B,\mu,\iota,r,R,m,\kappa) = r\mu F(B,r,R,m,\kappa) \times \frac{mR/r - \kappa R \iota r/R}{\iota m + \kappa R}.$$
(33)

With $\zeta = 1$ everywhere, the tearing mode parameter Δ' is a function of Λ in each interval, which are uniquely determined by the above constraints. That is, the inner boundary condition (28) yields $\Lambda_1 = 0$. If for instance the resonant surface lies in \mathscr{R}_2 , Eq. (32) evaluated at interface \mathscr{I}_1 and \mathscr{I}_2 solves for Λ_{2-s} in terms of Λ_1 and Λ_{2+s} in terms of Λ_V , respectively. The conducting wall BC solves for Λ_V .

Changes in the field strength *B* at any interface enter Eq. (30) through the solution to $\chi_0('r)$, given by Eq. (31). Stability is hence a property of the rotational transform, the position of the barriers, the Lagrange multipliers, the rotational transform, and any jumps in the pressure or rotational transform across the interfaces. Our working reduces to Tassi *et al* in the limit of no pressure, field or rotational transform jumps across the interfaces, and no vacuum.

4. Stability for an RFP-like configuration

We have compared stability conclusions using variational and tearing mode treatments for an illustrative configuration. The example chosen is guided by earlier detailed working [1], where the core Lagrange multiplier was $\mu_1 = 2$. The first interface is placed at r = 0.5, and the axial periodicity length chosen to be 20π , such that the effective aspect ratio r/R = 1/10 is small. The jump in safety factor between the internal interface and the plasma-vacuum boundary has been chosen to resemble Hole *et al*, subject to the different *R* values used for the two treatments ($R = 1/(2\pi)$) in Hole *et al*. We have used $\mu_2 = 3.6$, which requires $d_2/k_2 = 0.77$ for the rotational transform profile to be continuous. A second motivation for this choice is the similarity to *q* profiles of high confinement reverse field pinches, such as the Madison Symmetric Torus [9] and RFX-mod [10], although the change in μ is greatly exaggerated in this work. The plasma pressure is selected by the parametrization $\beta_1 = p_1/(B_V^2/2\mu_0), \beta_2 = p_2/(B_V^2/2\mu_0)$. Except for the final scan over β , a pressure-less plasma is assumed (*i.e.* $\beta_1 = \beta_2 = 0$). Figure 1(b) shows the *q* profile for the chosen equilibrium, where q = 1/F.

Figure 2(a) is a dispersion curve for m = 1 modes, showing λ computed using the variational treatment, and $-r_s\Delta'$ computed for modes resonant within the plasma. Marginal stability corresponds to $\lambda = 0$ and $\Delta' = 0$: these overlap identically in Fig.2(a). Modes with n = -16 and n = 12 corresponds to a perturbation near-resonant with the outer and inner interfaces $(q(r_2) \approx -1/16 \text{ and } (r_1) \approx 1/12)$ respectively.

In the variational treatment, we have prescribed no relationship between ξ and **b** in the relaxed regions. As such, excepting at the ideal interfaces, field line resonance in such plasmas is not explicitly resolved. Expressions can however be constructed which provide an estimate of the localization of the mode $r_{s,eff}$, and a convenient choice is $r_{s,eff}^2 = \sum_{i=1}^{N} (r_i X_i)^2$ Figure 2(b) shows



Figure 2: Dispersion curve (a) and mode localization (b) of m = 1 modes of a pressure-less MRXMHD plasma with q profile given by Fig. 1(b). In panel (a), the solid lines are eigenvalues (λ) of the MRXMHD treatment, while the points are values of $-0.002 \times r_s \Delta'$ determined from tearing mode analysis of Sec. . The vertical dashed lines correspond to zeros in λ . Panel (b) shows the resonant surfaces r_s of tearing modes (points), and effective localization $r_{s,eff}$ of modes using the variational treatment (solid line). The solid points and cross-hairs denote unstable and stable tearing modes. The heavy solid line denotes solutions for which $\lambda < 0$, and the dashed vertical lines correspond to marginal stability, $\lambda = 0$.

a comparison of $r_{s,eff}$ to r_s , in which modes unstable to variational and tearing modes have been identified. Agreement between $r_{s,eff}$ and r_s is qualitatively good in the interval over which the plasma in unstable, and excellent near the interfaces. The n = -16 and n = 9 modes are near resonant with the outer and inner interface, respectively. As shown in Fig. 3(a), a stability scan with wall radius indicates that in the limit $r_w \rightarrow 1$, modes for n < 0 are wall-stabilized. In the limit that the outer interface is made resonant with the n = -16 tearing mode (for example by changing R), $\Delta' \rightarrow \infty$. This mode is the current driven external kink of ideal MHD. Conversely, the unstable range for $n \ge 12$ is only very weakly affected by the wall position. If the inner interface is mode resonant with the perturbation, $\Delta' \rightarrow \infty$, and the mode is ideal unstable. This is the internal kink of ideal MHD.

Finally, Fig. 3(b) is a plot of the marginal stability boundary ($\lambda = 0$) in $n - \beta$ space for m = 1 eigenmodes. The two pressure profile configurations that have been studied are $\beta_1 = 0$ and $\beta_2 = 0$. Trends in the marginal stability boundary can be understood by relating the radial location of the mode resonant surface to the analog of radial pressure gradient in the MRXMHD model: the sign and magnitude of nearby pressure jumps. For n > 0 modes resonant near the first interface, an increasing core pressure increases the pressure drop across the first interface, and so destabilises the plasma. Conversely, increasing the edge pressure leads to a pressure jump across the first interface, and so stabilises the internal modes. For $\beta_2 > 0.3$ all m = 1 internal modes (n > 0) are completely stabilised. For the n < 0 modes resonant near the edge, changes in the core pressure have little effect, while increasing the edge pressure destabilises the plasma.

5. Conclusions

We have computed the stability of multiple region relaxed plasmas using both a variational approach with constant helicity, and a tearing mode analysis evaluated in a periodic cylindrical configuration. The marginal stability conclusions of the two models are identical, thereby building confidence in the variational model we have developed to find mathematically rigorous



Figure 3: Wall stabilization (a) and marginal stability pressure dependence (b) of MRXMHD plasmas unstable to m = 1 modes. Panel (a) shows the dispersion curves of MRXMHD plasmas unstable to m = 1 modes as a function of conducting wall radius. In panel (b) marginal stability $n - \beta$ space is shown for different pressure profile configurations. The solid lines are for the pressure in the outer region set to zero ($\beta_2 = 0$), while the dashed line corresponds to zero core pressure ($\beta_1 = 0$).

equilibria in 3D geometry, and identifying the type of modes found unstable in the variational approach. In ongoing work we are developing a faster numerical algorithm for the construction of 3D MRXMHD plasmas, exploring the maximum pressure jump an interface can support before it is destroyed by chaos, and determining stability implications if the ideal barrier is resolved with nonzero width [11].

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